

Instructions for Maintaining Football Equipment

Helmet:

- **Absolutely no wax or chemicals to be used on helmet**
- **Do not disassemble helmet**
- **Ask for the coaches help if there is a concern or problem**

Mouth Piece:

Shoulder Pads:

- **Absolutely no wax or chemicals to be used on shoulder pads**
- **Do not disassemble shoulder pads**
- **Ask for the coaches help if there is a concern or problem**

Jersey:

best results:

For

- **Absolutely no bleach**

Football Pants:

This equipment will be used by yourself or others in the years to come. Take pride in this equipment, you could be using it again next year.